# AL-ANON MEETINGS

### **COLUMBIA ROOM**

Friday 4:00pm Welcome: Fellowship Meet & Greet

Saturday 1:00pm Al-Anon: How it Works

3:00pm Sharing Experience, Strength & Hope

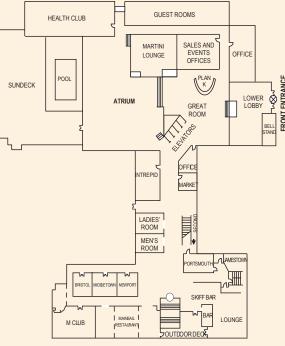
Sunday 8:30am The Journey to Serenity

# PARKING INFORMATION

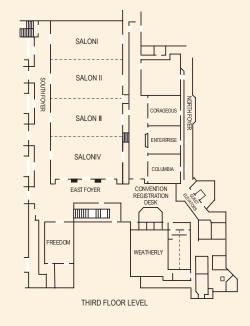
Marriott Valet Parking- America's Cup Avenue- \$25 per night 8 free handicap parking spots with valid placard Newport Gateway Parking- Long Wharf Mall (Limited Spaces)



# CONVENTION MAP



SECOND FLOOR LEVEL



#### **Alcoholics Anonymous with Al-Anon participation**



### February 9-11, 2024 | Newport, RI

at the Marriott Hotel of Newport 25 America's Cup Avenue, Newport, RI 02840

This is a non-smoking event. Ashtrays are located outside AWAY from the doors. Look for signs for designated smoking areas.

Spanish translation is available during the Main Meetings and is located to the left of the stage.

La traducción al español está disponible durante las Reuniones Principales y se encuentra a la izquierda del escenario.

Please wear your convention name tag at all events.

<sup>\*</sup> All meetings are Open Discussion Meetings

#### **REGISTRATION OPENS AT 3:00PM**

Please visit the registration desk

### HOSPITALITY SUITE - 7TH FLOOR, ROOM 738

(will be closed 15 minutes before & during all speaker meetings)

Friday 3:00-7:45pm 10:00-11:30pm Saturday 6:00-10:00am 11:30am-1:00pm 2:30-7:45pm 10:00-11:30pm

Sunday 6:00-9:45 am

### BEVERAGE ROOM - WEATHERLY ROOM

 Friday
 All Day:
 3:00-11:30pm

 Saturday
 All day:
 6:30am-11:30pm

# FRIDAY, FEBRUARY 3

### **ATRIUM**

6:00-7:30pm Dinner\*

### SALON I-IV

8:00pm AA Speaker Meeting - Lauren D, Marriottsville, MD

10:00pm Comedy Show

### ENTERPRISE ROOM- MARATHON MEETINGS

3:00pm Getting the Spiritual Angle (Daily Reflection) 4:00pm Now that We are not Drinking- Are We Free?

5:00pm Admission of Powerlessness 6:00pm Born to Run: Avoidance

7:00pm Emotional Sobriety: The Next Frontier (Grapevine)

8:00pm No meeting during Speaker Meeting 9:00pm I don't Mean to be Judgmental, BUT...

10:00pm Anxiety, Who Me? 11:00pm Attitude of Gratitude

12:00am Pain and Progress (As Bill Sees It p.3)

# SATURDAY, FEBRUARY 10

#### **ATRIUM**

7:00 - 8:30am Breakfast\*

12:00 - 1:00pm Luncheon Buffet\*

6:00 - 7:30pm Dinner\*

### STUDIOFIT FITNESS CENTER

7:00am Yoga \* \*

### SALON I-IV

8:30am Meditation \* \*

10:15am Al-Anon Speaker - Karen R, Tucson, AZ

1:15pm AA Speaker Meeting - Peter M, Boca Raton, FL

2:45pm Long-timer/Newcomer Panel

4:30pm Play- "Dreamers"

8:00pm AA Speaker Meeting - Michael D, Sioux Falls, SD

10:00pm Comedy Show

### ENTERPRISE ROOM- MARATHON MEETINGS

7:00am What is God's Will

8:00am I Don't Run the Show (Daily Reflection)
9:00am The Wrong Doing of Others- Fancied or Real

10:00am No meeting during Speaker Meeting
11:00am The Pink Cloud & Constant Vigilance

12:00pm Developing and Remaining Humble on the Journey

1:00pm No meeting during Speaker Meeting 2:00pm What is a Spiritual Experience Anyway?

3:00pm We Cannot Stand Still

4:00pm Lack of Power was Our Dilemma

5:00pm Quieting the Mind

6:00pm Emotional Sobriety: The Next Frontier (Grapevine)

7:00pm Fear- an Evil Corroding Thread

### MARATHON MEETINGS-CONTINUED

8:00pm No meeting during Speaker Meeting

9:00pm It's not All About Me (Grapevine 10-2022

Unacceptable Allen B)

10:00pm The Value of Working with Others

11:00pm Hitting Bottom in Sobriety

12:00am Can't Get Sober Playing the Victim

#### COURAGEOUS ROOM- AREA 61 SERVICE COMMITTEES

9:00am Archives/Grapevine
10:00am Corrections Committee
11:00pm Treatment/Accessibilities

12:30pm Information Services Committee

1:30pm Cooperation with the Professional Community /

**Public Information** 

2:30pm Young People

# SUNDAY, FEBRUARY 11

#### **ATRIUM**

7:00 - 8:30am Breakfast\*

### STUDIOFIT FITNESS CENTER

7:00am Yoga \*\*

### SALON I-IV

8:30am Spiritual Meeting

10:00am AA Speaker Meeting - Krissy S, Attleboro, MA

\*Meals provided by the hotel require pre-registration (ticketed event)

\*\* Meditation Meeting – please be on time. Doors close at 8:30 am. Bring your yoga mats for Yoga sessions (optional).







